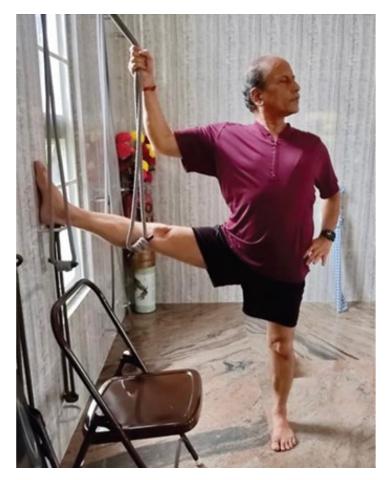
H.S. Arun is coming to Olympic Iyengar Yoga August 20-22, 2024 Come to the Sea and the Mountains to study with a World class Teacher

This three-day workshop with H.S. Arun will move you deeper into your practice. Arun is a yoga teacher from Bangalore, India. A long term stude student of B.K.S. Iyengar and the Iyengar Family.

His teaching is fun with a creative use of props and he has a good sense of humor, making you want to learn from him. He is an amazing yoga teacher.

Tuesday, Wednesday & Thursday 9:00—11:30 am & 2:00—4:00 pm

Cost: \$265
Pre-registration required.
Cancellations are not refundable.





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